



Meal Program

At Classical Charter Schools, we are committed to our students' health and wellness. Research shows that healthy students are better able to pay attention in class and better positioned to succeed in school and in life.

The goals of our food program are to:

- Support the academic success and achievement of our students
- Provide nutritious meals *at no charge* which allow students to maintain focus
- Provide healthy and fresh food offerings along with education on making healthy choices
- Expose our students to new culinary experiences while still offering "kid favorites"

Click [here](#) to view the school's **Local School Wellness Policy**

All stakeholders are able to participate in the development, review, update, and implementation of the Local School Wellness Policy. Please contact Sico Brack (SBC III) at ops3@classicalcharterschools.org or Maranda Mercado (SBC IV) at ops4@classicalcharterschools.org for more details.

Student Meals at No Charge

All Classical Charter School students are provided healthy, nutritious meals at no charge, including breakfast and lunch through the National School Breakfast and Lunch Programs. **Encourage your student to start each day with a healthy school breakfast!** Eating breakfast at school is a great way for students to socialize with friends and to start the day ready to learn. And for families on the go, it makes the morning rush so much easier! Each month, menus will be available in the cafeteria, and shared via our communication portal (Jupiter).

We are pleased to be partnering with Regina Caterers who will be supplying meals for our school.

Meals are planned with student preferences in mind and follow the regulations of the National School Lunch and School Breakfast Program.

Healthy School Meals contain:

- Lean protein
- Whole grains
- Fresh Fruits or 100% Fruit Juice
- A variety of vegetables
- A choice of milk,

Meals are minimally processed, calorie and sugar controlled, low in sodium, contain less than 10% saturated fat and 0g of trans fat.

Summer Meals

When school is not in session, the Summer Meals Program (SFSP) provides free meals to kids and teens in low-income areas. Click the link below to quickly and easily find summer meal sites near you.

[Meals for Kids Site Finder](#)

Allergies and Meal Modification

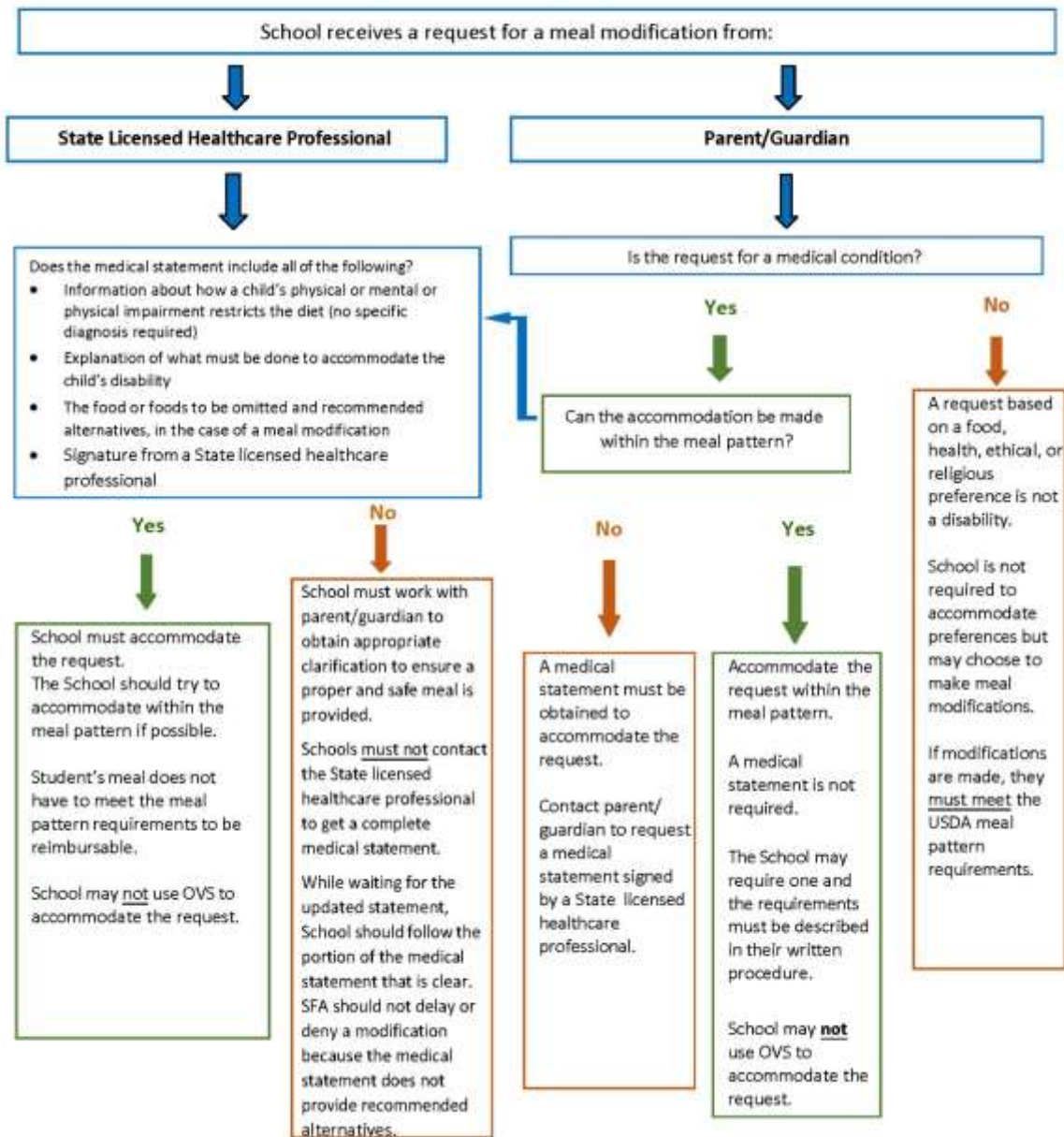
If your student has any food allergies or needs a meal modification, families are required to notify the school nurse and provide documentation from a licensed medical professional, such as a Physician, Dietician or other medical professional that is authorized to write prescriptions. Click here to download and print the required [Meal Modification Form for Meals at School](#). Return completed forms to the school.

Meal Modification forms must be renewed annually.

See the chart below to determine if your meal request can be accommodated.

Accommodating Special Dietary Needs in the School Nutrition Program

This flow chart describes the School's process for handling requests for modifications.



For more information on the school nutrition program, contact: Chineia Jackson (SBC III, cjackson@classicalcharterschools.org) or Maria Cataldo (SBC IV, mcataldo@classicalcharterschools.org)

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1. **Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
2. **Fax:** (202) 690-7442; or
3. **Email:** program.intake@usda.gov.

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